

2015 Sports Awards Speech

Good Evening, as my good friend and classmate, John O'Brien, mentioned, my name is Vincent LaPuma and I graduated Cathedral in 2001. When John asked me to give this speech, I admit, I was a bit hesitant. Hesitant because I am not a fan of public speaking, I never have been. I thought about it for a few days. I remembered sitting in the very seats that you are all sitting in tonight. I remembered working hard throughout the year and looking forward to the sports awards dinner. I came to the conclusion that I owed it back to Cathedral to give the speech. For all that Cathedral for me while I was here and since I graduated.

I want to speak to you tonight about being an underdog and being looked at differently by others. Two stereotypes that are almost always associated with being a Cathedral Man. I am going to speak about my family and myself as an example of that and how being a Cathedral man helps you overcome anytime you feel like that underdog, or when you feel like everyone else looks at you differently.

I grew up in Maspeth, Queens. That was where my parents bought their first home and still live in to this day. My parents migrated to New York from Sicily in the early 1970's. Not knowing English, my mother and her sisters attended Long Island City High School while my grandfather worked in the fire proofing union and my grandmother in a garment factory. Not being able to speak the language put them at an immediate disadvantage-Underdogs. They were ridiculed, teased, even abused physically at times, but they never quit. They forged on learning the English language enough to get by and achieve their goal, to graduate high school.

High School Sports Banquet Speech

Donna Kauffman



High School Sports Banquet Speech:

Don Perkins Richard Melzer, 2023-05-01 Don Perkins led a life as one of the most honored athletes in the history of the University of New Mexico and the Dallas Cowboys But Perkins s life was far more complex and at times controversial He experienced the traumas of racial discrimination death divorce football related injuries and a never ending search for his own identity In his search Perkins ventured into sportscasting public speaking community relations big rig trucking government work and even amateur theater where he portrayed Frederick Douglass and other famous Black leaders Through it all he remained a kind unassuming charismatic man universally admired by family members friends and millions of fans Don Perkins A Champion s Life is the final tribute he so richly deserves *Speech for All* Lyman Marion Fort, 1967 *Way We Played The Game* John Armstrong, 2002 When boys played a man s game and football was hell Be Quick - But Don't Hurry Andrew Hill, John Wooden, 2002-04-22 Be Quick But Don t Hurry presents the team building management secrets of the greatest coach of the twentieth century cloaked in the heartwarming tale of the reluctant protege who learned those secrets in spite of himself Perhaps the least controversial sports honor in living memory was the selection of John Wooden as Coach of the Century by ESPN honoring his ten NCAA basketball championships in a twelve year stretch His UCLA teams won with great centers and with small lineups with superstars and with team effort always with quickness always with class Wooden was a teacher first and foremost and his lessons taught on the basketball court but applicable throughout one s life are summarized in his famed Pyramid of Success Andrew Hill was one of the lucky young men who got to learn from Wooden in his favored classroom though that is hardly how Hill would have described it at the time An all city high school player in Los Angeles Hill played a little on three national champions from 1970 to 1972 Hill was left embittered by his experience at UCLA he was upset at how unequally Wooden treated his starting players and his substitutes Hill went on to a successful career in television rising to the presidency of CBS Productions where he was responsible for the success of such popular series as *Touched by an Angel* and *Dr Quinn Medicine Woman* Hill s job required him to manage many creative people with the egos and insecurities that usually go along with such talents And one day some twenty five years after he graduated he was hit with the realization that everything he knew about getting the best out of people he had learned directly from Coach John Wooden With no small trepidation Hill picked up the phone to call and thank his old coach and unexpected mentor To his surprise Wooden greeted him warmly and enthusiastically A strong friendship sealed in frequent visits and conversations ensued and endures Be Quick But Don t Hurry tells the story of that friendship But it also shares the lessons and secrets that Hill learned from Coach Wooden which hold the key to managing creatively in the idea driven economy of the twenty first century Among those lessons are The team with the best players almost always wins Be quick but don t hurry there is never enough time to be sure and if you are sure you re probably too late but you must always keep your balance Failing to prepare is preparing to fail The team that makes the most mistakes wins Full of sound advice and warm reminiscence Be Quick But

Don't Hurry is the management book of a lifetime **Average Joe to Speaking Pro** Bill Haubrich, Chris Peters, 2012-08-18 Weddings Banquets Celebrations Workshops Funerals Chances are you will be called to speak in public Average Joe to Speaking Pro supplies the tools to make you a more relaxed effective and commanding public speaker You will find yourself keeping this book handy and dipping into it when you are preparing your next presentation Bulletin Michigan High School Athletic Association, 1994 **Onward to Victory** Murray Sperber, 2014-07-29 From the acclaimed author of *Shake Down the Thunder* Murray Sperber's *Onward to Victory* is a brilliant detailed and engrossing work of social history for not only sports fans but anyone interested in the development of modern American culture With the 1940 release of the classic film *Knute Rockne All American* the myth of the hero scholar athlete was born and with it came the age of big time college sports in America Drawing on a wide variety of sources including press accounts letters and diaries historical papers and interviews with many who were there Murray Sperber recounts how the myths created by Hollywood studios were embellished and codified by a hungry press infiltrating the collective unconscious with epic stories of players coaches and teams As college sports became a mainstay of popular entertainment they also were fertile ground for near fatal scandal ultimately giving rise to the modern NCAA Sperber vividly re-creates the world of postwar America with its all powerful radiomen its lurid press its growing prosperity and of course the infancy of television Scalia Speaks Antonin Scalia, 2017-10-03 This definitive collection of beloved Supreme Court Justice Antonin Scalia's finest speeches covers topics as varied as the law faith virtue pastimes and his heroes and friends Featuring a foreword by longtime friend Justice Ruth Bader Ginsburg and an intimate introduction by his youngest son this volume includes dozens of speeches some deeply personal that have never before been published Christopher J. Scalia and the Justice's former law clerk Edward Whelan selected the speeches Americans have long been inspired by Justice Scalia's ideas delighted by his wit and instructed by his intelligence He was a sought after speaker at commencements convocations and events across the country *Scalia Speaks* will give readers the opportunity to encounter the legendary man more fully helping them better understand the jurisprudence that made him one of the most important justices in the Court's history and introducing them to his broader insights on faith and life **A Great Kisser** Donna Kauffman, 2009-11-01 Leaving her fast track Washington career is the most impulsive thing Lauren Matthews has ever done right until the moment she arrives in Cedar Springs Colorado Everything about sexy enigmatic pilot Jake McKenna tempts Lauren to unleash her inner bad girl and let him take her places she's never been even as her snooping around town provokes some extremely hostile reactions *The Redemptive Self* Dan P. McAdams, 2013-02-14 In this revised and expanded edition of *The Redemptive Self* McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults Hang in There... Wherever "There" Is Nicole Roberge, 2011-06-01 Description This compelling and poignant memoir tells about the journey through the disease of Anorexia the recovery process and all that comes with it the hurt hope and humor After almost dying from the

disease and being neglected by the doctors the author sought recovery and spent seven weeks at an inpatient facility In her powerful story she digs into the depths of Anorexia and describes how her simple diet and exercise program turned into a horrific eating disorder one that controlled her life and forced her to go to the gym every day for four hours and reduce her diet to only fruit After almost suffering from a heart attack and amazed that she was still alive she knew she had to save herself and get treatment Today she is a survivor By telling her story of the disease and recovery process she not only educates the reader about eating disorders but also shares with them a secret world unknown to many and most importantly that there is hope and recovery is possible About the Author Nicole Roberge was born in 1982 and lives in Connecticut As a writer she has been published in The Los Angeles Times Rolling Stone ELLEGirl The Hartford Courant Diverse Education Her Sports Gotham Baseball Hear Say Songwriter Universe SHE Caribbean and writes a weekly humor dating column for Online Dating Magazine In addition she was a book contributor to the Los Angeles dining guide Hungry She also founded and serves as editor to the online music magazine Tuned In Music Roberge founded the non profit Beautiful Lives for Eating Disorder Education and Prevention programs in Connecticut She speaks at schools health fairs and forums on eating disorders She continues to do other advocacy work in both Connecticut and Washington D C Roberge holds a B A in English and a Certificate in Communication from Saint Anselm College in Manchester New Hampshire as well as a Certificate in Screenwriting from UCLA

Thursday Night Lights Michael Hurd, 2017-10-11 The history of black high school football in segregated Texas Though this book is long overdue it is also right on time Texas Observer At a time when Friday night lights shone only on white high school football games African American teams across Texas burned up the gridiron on Wednesday and Thursday nights Temple Dunbar Austin Anderson and other segregated high schools in the Prairie View Interscholastic League the African American counterpart of the University Interscholastic League which excluded black schools from membership until 1967 created an exciting brand of football that produced hundreds of outstanding players many of whom became college All Americans All Pros and Pro Football Hall of Famers including NFL greats such as Mean Joe Green Otis Taylor Dick Night Train Lane Ken Houston and Bubba Smith Thursday Night Lights tells the inspiring largely unknown story of African American high school football in Texas Drawing on interviews newspaper stories and memorabilia Michael Hurd introduces the players coaches schools and towns where African Americans built powerhouse football programs under the PVIL leadership He covers fifty years of history including championship seasons and legendary rivalries such as the annual Turkey Day Classic game between Houston schools Jack Yates and Phillis Wheatley which drew standing room only crowds of up to 40 000 In telling this story Hurd explains why the PVIL was necessary traces its development and shows how football offered a potent source of pride and ambition in the black community helping black kids succeed both athletically and educationally in a racist society A groundbreaking book Houston Chronicle In America's current Colin Kaepernick inspired moment with sports once again taking on a conspicuous role in debates about black citizenship and the persistence of white

racism this book is especially timely and important Great Plains Quarterly

Off Kilter Bundle with A Great Kisser & Let Me In Donna Kauffman, 2011-01-01 Off Kilter Bundle Off Kilter Fire Down Below Brash entrepreneur Roan McAuley has no problem getting naked But being the only one in the room dropping kilt and giving plenty isn't his idea of fun even if it's for the Men of the Highlands calendar and a good cause However getting feisty photographer Tessa Vandergriff all hot bothered and hungry is proving irresistible even though she's not his type And even if the sizzling attraction between them is changing everything this roguish playboy thinks he knows about lust and love Praise for Donna Kauffman and Her Novels Give me more Linda Howard on The Charm Stone Whimsical and sexy Jennifer Crusie on Your Wish Is My Command Donna Kauffman writes smart and sexy with sizzle to spare Janet Evanovich A Great Kisser Buckle up Enjoy the view Jake McKenna fixes planes not people Compared to an engine humans are high maintenance and unpredictable which is why Jake has zero interest in indulging his sister's request that he play tour guide and rent a date to her boss's visiting stepdaughter Still Lauren Matthews is nothing like the uptight reed skinny workaholic he expected She's curvy deliciously so Funny Open And convinced that there's more to her mother's hasty marriage to the local mayor than meets the eye Leaving her fast track Washington career is the most impulsive thing Lauren has ever done right until the moment she arrives in Cedar Springs Colorado Everything about sexy enigmatic pilot Jake tempts Lauren to unleash her inner bad girl and let him take her places she's never been even as her snooping around town provokes some extremely hostile reactions At this altitude losing your head is easy Trusting your heart can cost you everything Let Me In He's bringing anything but peace and quiet Tate Winslow is done with all the guns the adventures the brushes with death All she wants is to be left alone So when her enigmatic ex boss shows up on her doorstep barely alive she really tries not to care He's all alpha male the baddest of the bad and a threat to her hard won peace in more ways than one Tate is the only lead Derek Cole has on a case that could blow the intelligence world apart if it doesn't kill him before he can figure it out She was his best agent but she's in hiding and he's gone rogue and he's starting to think of her in a very nonprofessional way In fact he wants Tate like he wants his next breath but he's already risking his life and his career does he need to put his heart in danger too

The Mental Game Of Baseball H. A. Dorfman, Karl Kuehl, 2002 In this book authors H A Dorfman and Karl Kuehl present their practical and proven strategy for developing the mental skills needed to achieve peak performance at every level of the game

The New American Speech Wilhelmina Genevava Hedde, 1963 This speech manual is designed to develop listening and speaking skills and to explain the uses of communications devices Discussions are presented of the fundamentals of communication as well as the preparation and delivery of speeches in various situations

Katie and Me Taji Warren Hillson, 2015-08-06 p While many people around the world watched the 2006 Winter Olympics in Turin Italy twelve year old Katie Hillson harbored Olympic dreams dreams that had been growing since she was a young girl But Katie's aspirations were shattered when she suffered a sudden life changing skiing injury the same day she qualified for the Junior Olympic Festival In *Katie and Me* Taji Warren

Hillson tells the family's story as Katie is challenged to go through the same mourning process as death as well as learning to live with and accommodate a disability Taji narrates how mother and daughter confronted the psychological and emotional struggles in the aftermath of the crash and subsequent surgeries Intertwined is a secondary tale of friendship bonding and abandonment that contains the healing aspects of forgiveness and transformational power of unconditional love With excerpts and artwork by Katie and testimonials from those who knew her Katie and Me addresses topics that pushed the pair into the unsaid and unknown parts of themselves to educate and inspire others facing adversity **Report of the**

Proceedings and Addresses of the ... National Catholic Educational Association, 1927 *Esports in Higher Education*

George S. McClellan, Ryan S. Arnett, Charles M. Hueber, 2023-07-03 This comprehensive resource examines the rapidly growing esports phenomenon in higher education bringing the perspectives of players administrators and scholars together in one volume to discuss the basics of esports how to start and maintain successful esports programs and issues and trends in the field Esports are a global phenomenon with an estimated audience of 400 million people in 2018 Given their already strong base and rising popularity on college campuses esports have been referred to as the new college football This book offers practical insights into how to develop and maintain an esports program that is consistent with institutional purposes and values The book is helpful to all types of institutions small to large public and private 2 year or 4 year It draws on current scholarship and the professional experience of the authors focused heavily on practical advice for higher education professionals Among the challenges of esports in higher education the book addresses are competition structure competition climate child protection cheating gambling lack of reliable relevant data to inform decisions and the advent of an esports arms race Some of the opportunities described in the book include student recruitment and success networks with high schools and partnerships with the esports industry Done correctly esports can provide a structured way for all students on campus off campus and online to engage in both curricular and cocurricular programming that can provide measurable learning outcomes and have a positive impact on retention rates **I'm Just Wanda, But Jesus Is G-O-D** Wanda

Aigner, 2011-03 Pope Benedict XVI is too late for Wanda Aigner's father who believed in limbo When at three days Wanda became deathly ill her father nearly had an accident in his Model A Ford on Minnesota's gravel roads in mid January as he sped to their pastor to get his daughter baptized Still alive and well and having had an adventurous life both in the States and abroad this memoir searches the highs and lows of a life dedicated to missions If you wish to see Jesus learn how he spoke to Wanda through a grandmother leading her to not only assurance of salvation but also a call to missions Try if you will counting the times Jesus healed her or helped her with demon problems Be enlightened of Satan's wiles inspired by Wanda's faithfulness and encouraged to keep on keeping on with your guard up You may well find yourself challenged when you recognize the much more than ample proof of this autobiographer's declaration I'm Just Wanda but JESUS Is G O D

The Glory of Washington Jim Daves, Tom Porter, W. Thomas Porter, 2000-11 The Glory of Washington is the most

comprehensive book ever written on the fabled and rapidly growing University of Washington athletic program This book chronicles over 100 years of Husky athletics listing yearly accounts of statistics records individual achievements and team accomplishments Fans of the Huskies will enjoy reading about legends such as Hugh McElhenny Aretha Hill Gil Dobie Hec Edmundson Jim Owens Karen Deden Al Ulbrickson Hiram Conibear Don James and Marv Harshman Included is a complete listing of letter winners and Olympic competitors Even the most rabid Washington fan will discover something new in this collection of vignettes that tell the tale of the purple and gold

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